

## 2017-2018

### 4<sup>th</sup> GRADE RULES (Boys and Girls)

- These are viewed as instructional leagues.
- Coaches should make every effort to play all players in each game.
- No standings are kept.
- There are no playoffs.
- Teams play 10 min. running quarters and one (1) three minute overtime period, clock only stops for timeouts and in the last minute of 4th quarter and the last minute of overtime.
- Each coach gets 5 timeouts a game with one additional for overtime period. Timeouts do not carry over to the overtime period.
- The defensive team must retreat to behind the 3-point arc. Only man to man defense is permitted.
- There are no 3-point goals. All field goals count as two (2) points.
- Teams who are leading by ten (10) points or more cannot press. Teams are only allowed to press during the last two (2) minutes of the fourth quarter. Pressing is defined as  $\frac{1}{2}$  court, meaning they can come outside of the 3 point arc and defend anywhere in the front court.
- Girls and boys teams will use a 28.5"-size ball.
- Players are permitted to jump over the foul line on a foul shot without penalty, but they cannot go in for the rebound until the ball hits the rim. The foul line is approximately 10'-12' from the baskets (if no line marked on the court then the closest hash mark to the free throw line is used). Coaches need to agree on the line to be used prior to the start of the game.
- There is **no stall ball**. Teams must cross  $\frac{1}{2}$  court in 10 seconds and may not stay outside the 3 point arc longer than 10 seconds.

\*Coaches should have a copy of these rules with them at all games and meet with the referee and opposing coach to make sure there is a mutual understanding of the rules.